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STUDY NOTES

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CLASS- IX (All Section)

DATE: 07-06-2020

**BIOLOGY**

**LESSON-06**

**CHAPTER: Improvement in food resources**

**Today's Topic: Introduction**

All living organisms essentially require the food to stay alive.

Food provides energy to perform various life activities and is required for growth, development and body repair.

**Sources of Food:**

- 1.** Food from agriculture: Cereals, pulses, vegetables, fruits, nuts, oilseeds, condiments and spices
- 2.** Food from animal husbandry: Dairy products like milk, curd, butter; meat, egg, fish and other sea products.

## **Food Revolutions in India:**

With the increase in population, there needed a sufficient increase in food production, so as to meet the food related demands of growing population. This led to the rise of the following food revolutions in India:

1. **Green Revolution:** Introduced to increase the food grain production.

2. **White Revolution:** Introduced to increase production of milk.

3. **Blue Revolution:** Introduced to enhance fish production.

4. **Yellow Revolution:** Introduced to increase oil production.

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